



Important Information on Strep A / Scarlett Fever

As you may be aware there have been increased rates of children being unwell with Strep

A/Scarlet fever therefore please find the latest government guidance on this and what actions you need to take.

What are the symptoms of Strep A/scarlet fever?

Strep A infections can cause a range of symptoms that parents should be aware of, including:

- Sore throat
- Headache
- Fever
- A fine, pinkish or red body rash with a sandpapery feel
- On darker skin the rash can be more difficult to detect visually but will have a sandpapery feel

If a child becomes unwell with these symptoms, please advise parents to contact their GP practice or contact NHS 111 (which operates a 24/7 service) to seek advice.

If a child has scarlet fever, advise they stay at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

We Encourage parents to trust their own judgement and if their child seems seriously unwell call 999 or go to A&E if:

- a child is having difficulty breathing you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when a child breathes
- a child's skin, tongue or lips are blue
- a child is floppy and will not wake up or stay awake.